

《THE SECRET》

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前言:

一位澳洲電視工作者,有一年,父親突然身故、工作遭遇瓶頸、家庭關係也陷入僵局,就在人生跌落谷底、生活即將崩潰時,偶然間讀到一本百年古書,發現了一個生命中的重大祕密,而過去知道這個祕密的,竟然都是歷史上的偉大人物:柏拉圖、莎士比亞、牛頓、雨果、貝多芬、林肯、愛默生、愛迪生、愛因斯坦。她不禁要問:「為什麼不是每個人都知道呢?」於是,她開始組織一個工作團隊,尋找當世知道這個祕密的人。他們都是各行各業的佼佼者,並且現身說法告訴你:了解這個祕密,就沒有做不到的事;不論你是誰,你想要什麼,這個「祕密」都能給你!

這個大秘密,幾世紀以來,就只零星的在一些古老的傳說、經典和哲人的口中出現過。但這是第一次,所有跟這秘密相關的訊息,都同時匯集在此且無隱藏的揭露。在這本書裡,你將可學會如何把這個祕密運用在自己人生中的各個層面,包括:財富、健康、人際關係、快樂,以及我們跟世界的每個互動。你將會了解這個你可以掌控支配,但卻隱藏、受困很久的祕密,當你開始運用它時,會訝異於它為你的人生帶來的喜悅和轉變。

本書的構成來自於許多當今成功者的智慧,他們都因運用這個祕密而獲得健康、財富、 快樂。其中有許多不可能且出人意料的奇蹟實例,讓你不得不相信《秘密》的力量!

推薦人的話:

從小我們往往被教育好還要更好,所以常常導致我們自信不足覺得自己不夠好、做不到,然後造成更多的惡補以及不快樂。研究所時選修了「正向心理學」這門課,雖然接觸到了快樂學,知道要活在當下、珍惜所有,卻還是不懂得如何獲得讓自己持續正面積極的力量。某一天在書局架上翻到了《力量》這本書,第一句映入眼簾的話就是「你本來就該擁有精彩的人生!你本來就該擁有你喜愛和渴望的每樣事物!」當下真的是心頭一震;默默地看完了這本書,然後發現其實同系列的第一本是《秘密》,我才回頭去研究神奇的吸引力法則。專注在自己喜歡的特質上,相信自己能做得到,把感謝變成習慣,你會發現整個世界越來越美好。翻開同系列的任何一本書,嘗試跟著練習一些非常簡單的生活技巧,一起體驗這個改變吧!

內容簡介:

In 2006, a groundbreaking feature-length film revealed the great mystery of the universe— The Secret—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller.

Fragments of a Great Secret have been found in the oral traditions, in literature, in religions, and philosophies throughout the centuries. For the first time, all the pieces of The Secret come together in an incredible revelation that will be life-transforming for all who experience it.

In this book, you'll learn how to use The Secret in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to

understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life.

The Secret contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of The Secret, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible.

名家讚譽

- ★ "The Most Influential People" —Time Magazine's TIME 100 in 2007,
- ★ "The 100 Most Spiritually Influential Living People." —Since 2010, she has been featured in Watkins Mind Body Spirit magazine's annual list
- ★ 榮獲「諾提勒斯書獎」 "Nautilus Book Award"
- ★ 《商業周刊》第 1059 期封面故事「好事吸引力」重量級報導:你看了《祕密》沒?《商業周刊》第 1086 期,創辦人金惟純說:其實我們公司就是《祕密》這本書所述說的最佳見證!
- ★ 橫掃美國、加拿大、英國、愛爾蘭、澳洲······各大排行榜第一名,目前已發行50國語言。

作者簡介: Rhonda Byrne

Rhonda Byrne, is an Australian television writer and producer. Byrne was born in 1951, Melbourne, Australia, to parents Ronald and Irene Izon. She worked as an executive producer for television, with credits including Oz Encounters: UFO's in Australia (1997), Sensing Murder: Easy Street (2003), Loves Me, Loves Me Not (2003), and The World's Greatest Commercials (1995 - 2004).

After the death of her father in 2004, Byrne became very depressed. At the instigation of her daughter Hayley, she read *The Science of Getting Rich* (1910) by Wallace D. Wattles. She discovered positive thinking, the laws of attraction, and how to find further success in life. Hence, she started doing research on the subject and the project of The Secret was born.

Her book *The Secret*, based on a film she produced of the same name, is based on the law of attraction. She is the creator behind *The Secret*, a documentary film that swept the world in 2006, changing millions of lives and igniting a global movement. Later that same year, Rhonda's book of The Secret was released. It has been translated into more than fifty languages. Rhonda has written three more books: *The Power* in 2010, *The Magic* in 2012, and Hero in 2013.

參考資料:

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延伸閱讀:

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