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ETS 台灣區行銷經理 | Ami
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and diverse world



世界上最大的非營利教育測評組織



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locations



in **200+**
countries

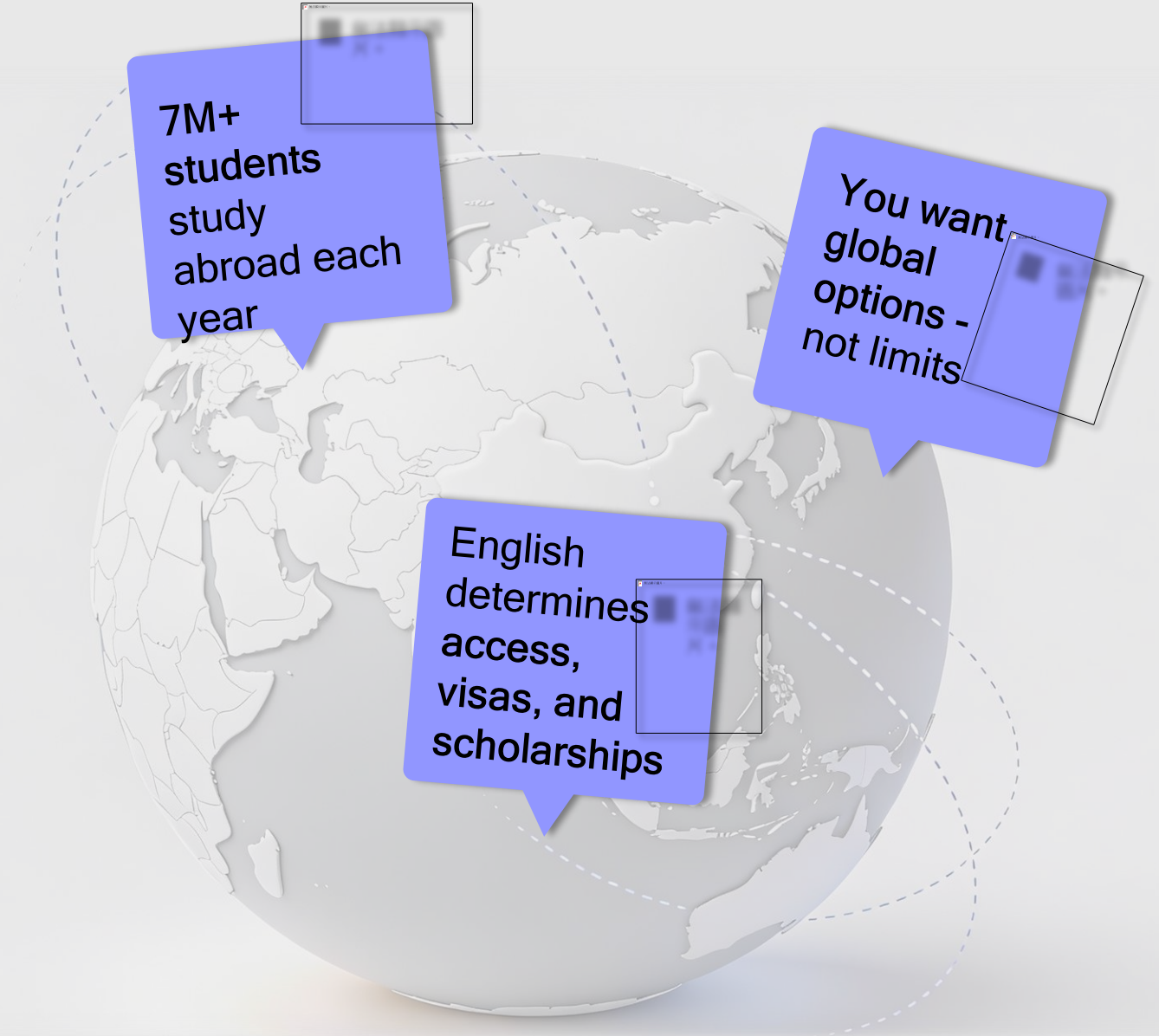
- ETS是全球領先的教育測評研究機構。
- 成立於1947年，總部位於紐澤西州普林斯頓。
- ETS在全球超過200個國家，設有9,000多處考試中心，舉辦管理超過5,000萬人次的考試。
- 最具公信力的考試：TOEFL iBT®，TOEFL Primary®，TOEFL Junior®，TOEFL ITP®，GRE®，TOEIC®等。

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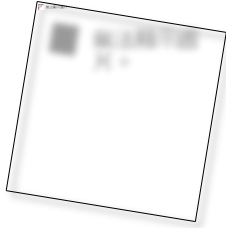
NI HAO

Test format and features

*toefl®



Test features snapshot



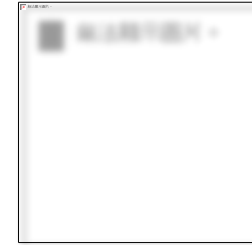
Test Your Way

自由選擇
在考試中心或在家測驗



Extended Online Registration

考試中心 - 2天前報名
在家測試 - 24小時前報名



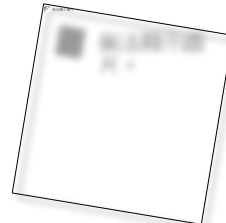
Reduced Retest Wait Time

縮短2次報考の間隔時間
(3天)



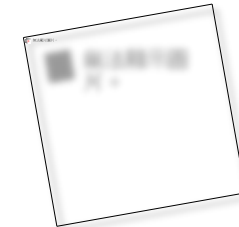
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TOEFL iBT® 全面升級!

托福考試升級重點特色

Opening Doors for Students, Everywhere.

2026年1月21日起，更高效個人化的托福考試體驗

1

更貼近現實生活的主題

- 用更現代的學術內容與真實校園生活對話，取代部分歷史題材。
- 新增例如雜誌與網站的內容，幫助你展現更全面的英文能力。

2

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閱讀與聽力兩階段適性測驗，題目難易度依照你的程度調整，幫助你更有效率地發揮最佳實力。

3

更快出分

成績最快考後3天取得，
掌握申請節奏更從容！

4

對應 CEFR 國際標準

分數與歐洲語言共同參考架構
(CEFR) 對齊，便於學校與機構評估語言能力！



Opening doors
and diverse world.

TOEFL iBT Test Structure

TOEFL iBT Task Types Overview



Reading

Complete the Words
Read in Daily Life
Read an Academic Passage



Listening

Listen and Choose a Response
Listen to a Conversation
Listen to an Announcement
Listen to an Academic Talk



Writing

Build a Sentence
Write an Email
Write for an Academic Discussion



Speaking

Listen and Repeat
Take an Interview

「閱讀」與「聽力」適性測驗流程



為不同程度的語言學習者打造更有效率的考試體驗

Note: The Speaking and Writing sections will continue to follow linear tracks.

TOEFL iBT Test Structure



考試項目	內容	題目數	時間
閱讀 (適性考試)	<ul style="list-style-type: none">補全單字日常生活閱讀學術文章閱讀	50題*	約30分鐘
聽力 (適性考試)	<ul style="list-style-type: none">聆聽並選擇最適當的回應聆聽對話聆聽公告聆聽學術討論	47題*	約29分鐘
寫作	<ul style="list-style-type: none">組合句子(10題)撰寫電子郵件學術討論寫作	12題**	約23分鐘
口說	<ul style="list-style-type: none">聆聽後覆誦(7題)面試題-回答4題(每題約45秒)	11題**	約8分鐘

*2026年1月21日之後，考生將在閱讀或聽力部分遇到不計分加試題，實際題目數量會在上述範圍內調整。

*由於閱讀與聽力皆為適性測驗，實際考試時間與題目數量可能會有所差異。



The Updated Reading Section

Reading
(multistage)

Complete the Words
Read in Daily Life
Read an Academic Passage

Complete the Words

This task presents test takers with a paragraph-length passage that begins with an intact first sentence. In sentences that follow, the second half of approximately every second word is deleted, and the examinee must provide the missing letters. Each text contains 10 words with missing letters.

Text: 70–100 words, 3–7 sentences

Questions: 10 incomplete words

- 是否能同時理解文章意思
- 掌握單字拼寫與文法結構



Fill in the missing letters in the paragraph.

Complete the Words

We know from drawings that have been preserved in caves for over 10,000 years that early humans performed dances as a group activity. We mi_____ think th_____ prehistoric peo_____ concentrated on_____ on ba_____ survival. How_____, it i_____ clear fr_____ the rec_____ that dan_____ was important to them. They recorded more drawings of dances than any other group activity. Dances served various purposes, including ritualistic communication with the divine, storytelling, and social cohesion.

Fill in the missing letters in the paragraph.

We know from drawings that have been preserved in caves for over 10,000 years that early humans performed dances as a group activity. We mi_ _ _ think th_ _ prehistoric peo_ _ _ concentrated on_ _ on ba_ _ _ survival. How_ _ _ , it i_ clear fr_ _ the rec_ _ _ that dan_ _ _ _ was important to them. They recorded more drawings of dances than any other group activity. Dances served various purposes, including ritualistic communication with the divine, storytelling, and social cohesion.

Read in Daily Life

In this task type, test takers read a short text and answer multiple-choice questions.

Text: 15 to 150 words

Questions: 2 or 3

- 看懂日常資訊
- 抓重點與文章內容目的
- 理解口語與常用表達
- 推論文章隱含意思



Read a notice

Municipal Charter

Sign up for paperless billing statements today.

Safe, convenient, easy. Enroll in paperless billing to receive monthly savings account statements in an electronic PDF document. Access your Municipal Charter account through the mobile app and select account preferences in the upper right-hand corner to enroll.

What type of business issued the notice?

- An Internet provider
- A computer company
- A paper company
- A bank

Read an Academic Passage



In this task type, test takers read an academic passage and answer multiple-choice questions.

Passage: about 175-200 words

Questions: 5

Questions require test takers to:

- 掌握主旨與重點
- 理解細節內容
- 看懂學術用語與句型
- 推論未明說的資訊
- 理解段落之間的邏輯





The Updated Listening Section

Listening
(multistage)

Listen and Choose a Response
Listen to a Conversation
Listen to an Announcement
Listen to an Academic Talk

Listen and Choose a Response

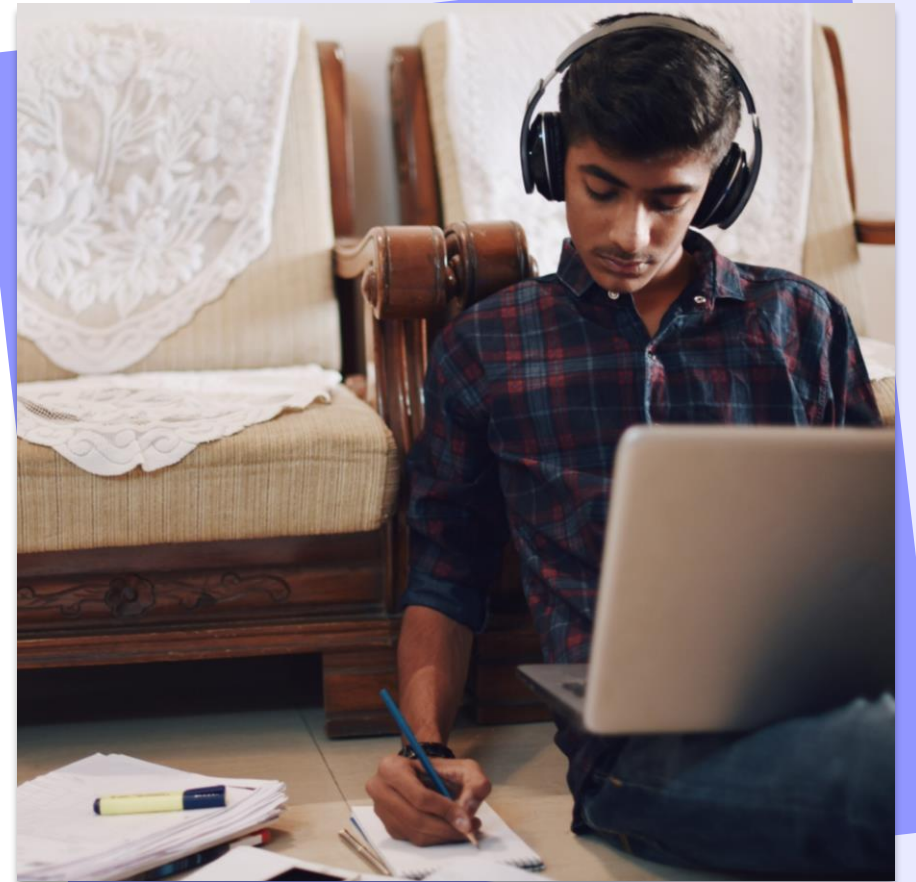
In this task type, test takers hear a question or statement and choose the most appropriate response from among four options.

Stimulus : Single question or statement

Options: 4

This task requires the test taker to:

- 基本聽力理解
- 判斷自然、合適的回應
- 理解語氣、語調與情境



Listen to a Conversation

In this task type, test takers listen to a short conversation between two speakers and answer multiple-choice questions about the conversation.

Stimulus: 35 to 100 words

Questions: 2

Questions require the test taker to:

- 抓對話重點
- 理解細節與語氣
- 推測說話者意圖
- 理解對話發展



Listen to a Conversation



What does the woman imply that she was about to do?

- See a play
- Change her clothes
- Go shopping
- Eat dinner

Listen to an Announcement

In this task type, test takers hear a short announcement and then answer multiple-choice questions about the announcement.

Stimulus: 45 to 85 words

Questions: 2

- 理解重點資訊
- 抓關鍵細節
- 推測接下來會發生什麼



Listen to an Academic Talk

In this task type, test takers listen to a short talk (from a source such as a lecture or academic podcast) on an academic topic and answer multiple-choice questions about the talk.

Stimulus: 175 to 250 words
Questions: 4

- 理解主題與重點內容
- 跟上邏輯與架構
- 推論隱含意思
- 理解學術用語





The Updated Writing Section

Writing

Build a Sentence
Write an Email
Write for an Academic Discussion

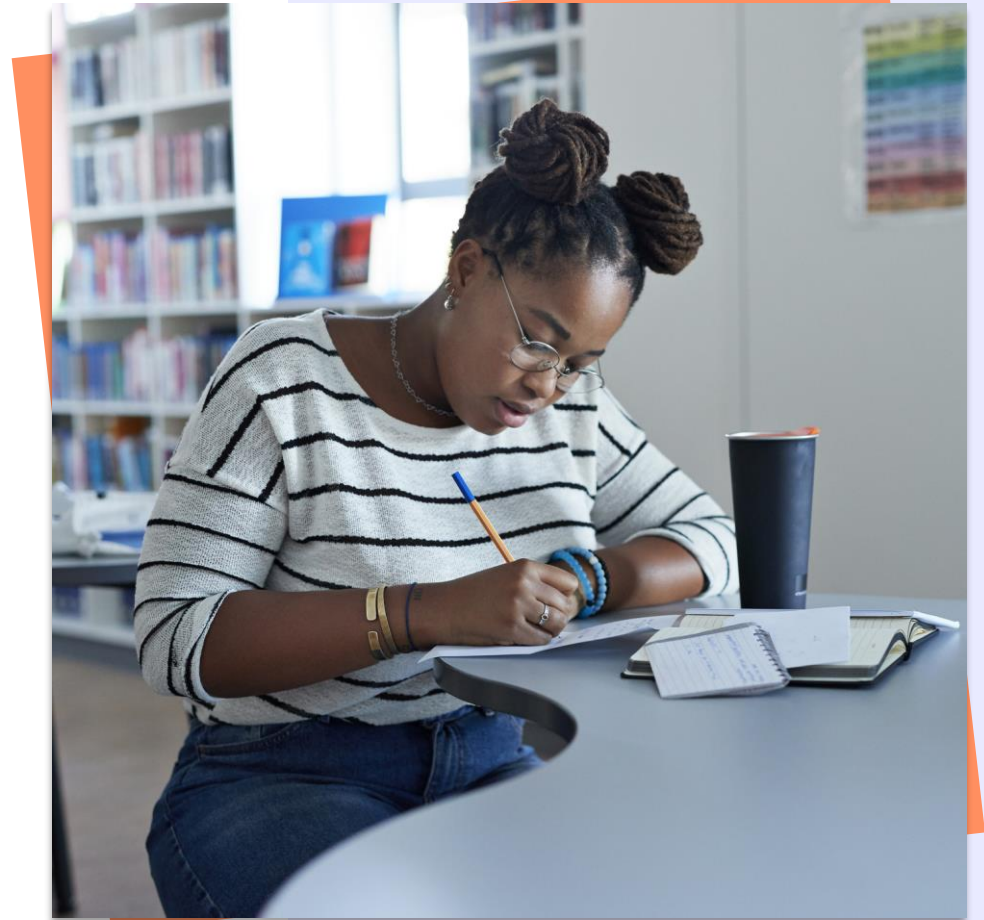
Build a Sentence

In this task type, test takers are given an introductory question or statement that is followed by a group of words and phrases that they are to move to form a grammatical sentence. Sometimes there may be an extra word or phrase that is not needed to build the sentence.

Introduction : Single question or statement

Blanks : 3 to 7

- 文法與句型能力
- 是否能正確表達完整句子
- 在情境中做出適當回應



Build a Sentence

Make an appropriate sentence.



What was the highlight of your trip?



The _____
_____ fantastic.

were the was old city showed us around who tour guides

Write an Email

In this task type, test takers are given scenario in an academic, workplace, or social setting. They write to share information for a specific communicative purpose (e.g., making a recommendation, giving an invitation, or proposing a solution to a problem).

Context: 65 to 90 words

Timing: 7 minutes to prepare and write

- 是否能清楚表達目的
- 結構是否完整、有條理
- 文法與用字是否正確



Write an Email

A new poetry magazine has asked its readers for submissions, and you decided to submit two of your poems. However, you had a problem using the online submission form, and you are not certain that your submissions were received.

Write an email to the editor of the magazine. In your email, do the following.

- Tell the editor what you like about the new magazine.
- Describe the problem you experienced.
- Ask about the status of your submissions.

Write as much as you can and in complete sentences.

Your Response:

To: editor@sunshinepoetrymagazine.com

Subject: Problem using submission form

Cut Paste Undo Redo  Hide Word Count 0

Write for an Academic Discussion

In this task type, test takers read brief posts from two students, then provide and support their own position(s) on the issue within the context of an online class discussion forum.

Timing: 10 minutes to prepare and write

- 表達觀點並提出理由
- 回應他人意見
- 內容是否清楚、有邏輯



Write for an Academic Discussion

Your professor is teaching a class on social studies. Write a post responding to the professor's question.

In your response, you should do the following.

- Express and support your opinion.
- Make a contribution to the discussion in your own words.

An effective response will contain at least 100 words.



Volunteerism refers to the act of offering your time and service without financial compensation to benefit a community, organization, or cause. While many people volunteer mainly to help others, some institutions have mandatory volunteer programs. High schools are one example, where students may be required to complete a certain number of volunteer hours to graduate. What do you think? Should high school students be required to do volunteer work? Why or why not?



Yes, I think high schools should require volunteer hours because it helps students build a sense of civic responsibility. Many teenagers don't naturally think about helping others, and this requirement can introduce them to the idea that their time and effort can make a real difference in the lives of others.



I don't think volunteer hours should be required because many students already have limited free time. Some have part-time jobs or take care of younger siblings after school. Adding a mandatory volunteer requirement could create extra stress and make it harder for those students to balance their existing responsibilities.

Cut

Paste

Undo

Redo

 Hide Word Count 0



The Updated Speaking Section

Speaking

Listen and Repeat
Take an Interview

Listen and Repeat

In this task type, test takers repeat a series of 7 sentences within a scenario in either an academic or social setting. Sentences get progressively longer.

Response times:

Sentences 1–2 = 8 seconds
Sentences 3–5 = 10 seconds
Sentences 6–7 = 12 seconds

- 聽懂句子內容
- 是否能清楚、準確地說出來



Take an Interview

In this task type, test takers engage in a conversation with a pre-recorded interviewer in an academic or daily life setting. In the interview, they answer four questions related to the interview topic.

Response times: 45 seconds

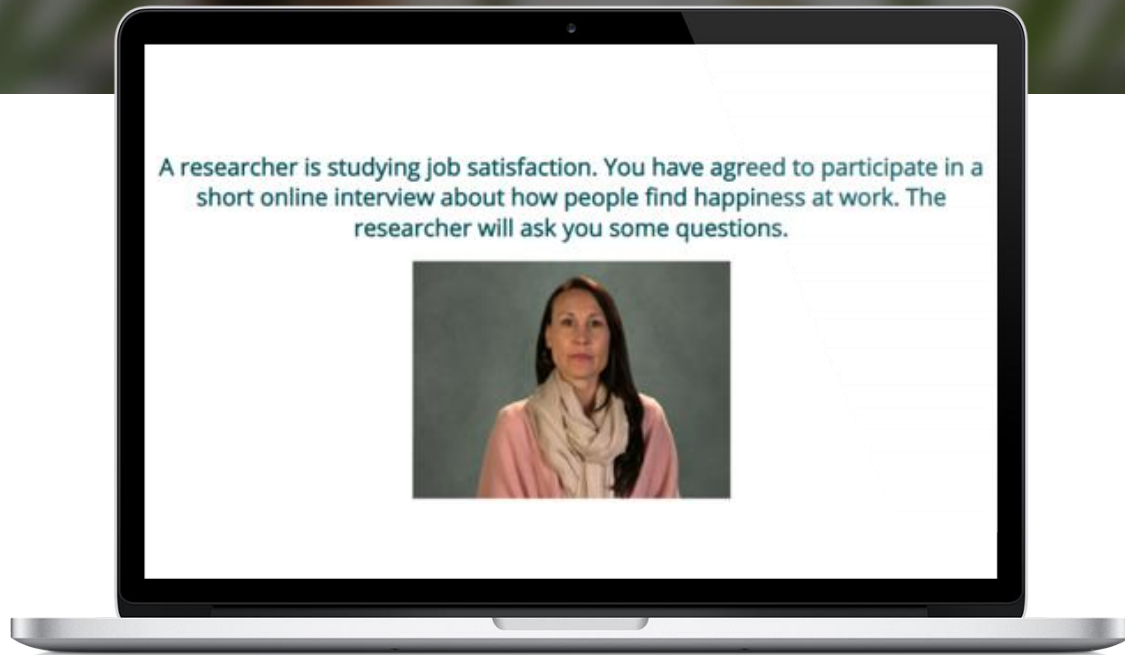
This task measures the test taker's ability to respond to a range of questions on general and academic topics by producing a spoken response that:

- 表達是否清楚、內容符合主題
- 語速是否自然
- 發音與語調是否清晰
- 用字與文法是否得當





Modernized question in Speaking section



Summary of TOEFL iBT® Upgrades



	TOEFL iBT (current)	TOEFL iBT (updated)
測驗內容	學術題型	學術內容+現代生活化主題
分數量表	0-120 (1分為單位)	新增1-6級分數 (0.5為單位)
適性設計考試	無	閱讀與聽力 適性測驗 (分兩階段)
測驗順序	閱讀-聽力-口說-寫作	閱讀-聽力-寫作-口說
成績公布時間	4-8天	更快出分! 3天內公布
家考安全性與體驗	由人工進行身分驗證	使用 ENTRUST 進行身份驗證; 啟用第二攝影機; 應用程式整合
家考監考人員	外部監考合作單位	ETS自行培訓監考人員; 結合AI協作監考 提供考生更及時的支援



TOEFL® 始終致力於評量
學生在大學 / 學院環境中
理解與運用英語的能力!



如何制定 適合自己進度的備考方案



1. 先了解自己需要考取的分數

- 學校官方網站
 - 找找看 “English language requirement”



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Free sample questions

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insights

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Courses

Short videos + quick wins

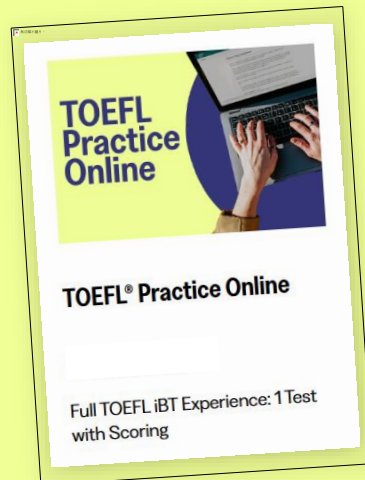
AI-powered support



Test Prep

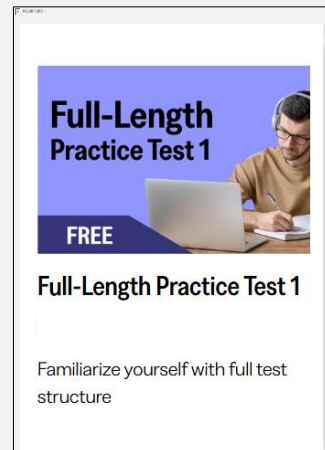
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Includes scoring



Full Length Practice Test

Experience the test structure
from start to finish



TOEFL Prep Course

Feedback and review
automated scoring

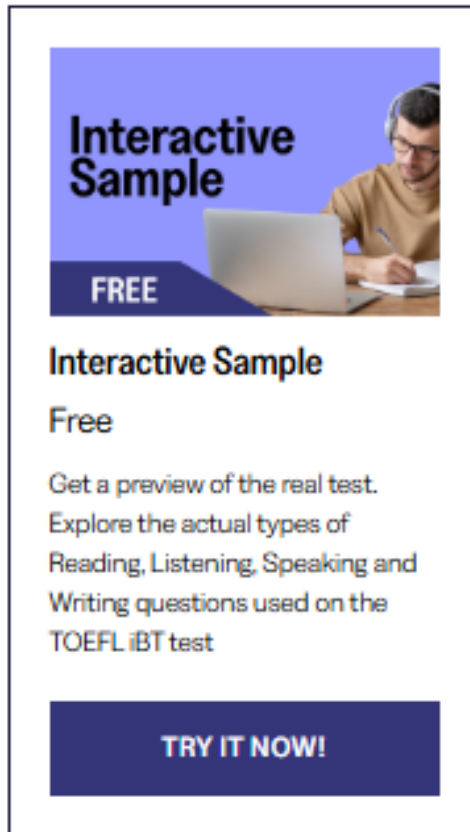


And many more



2026/1/21 托福iBT 免費模擬練習題

Free products



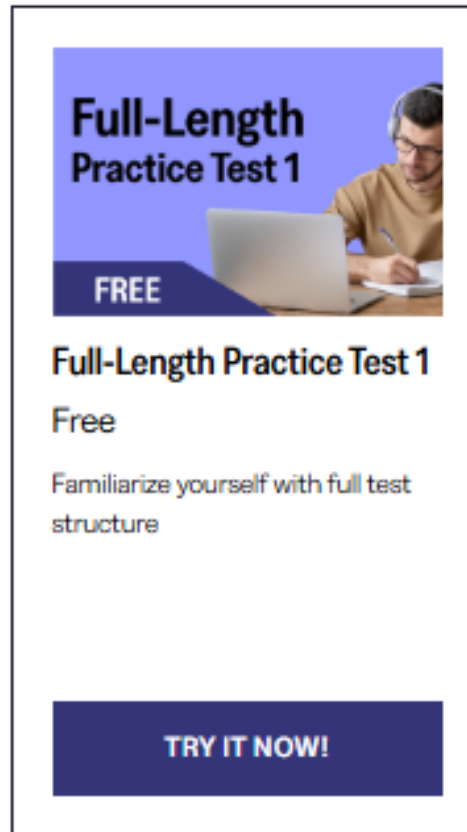
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Get a preview of the real test.
Explore the actual types of
Reading, Listening, Speaking and
Writing questions used on the
TOEFL iBT test

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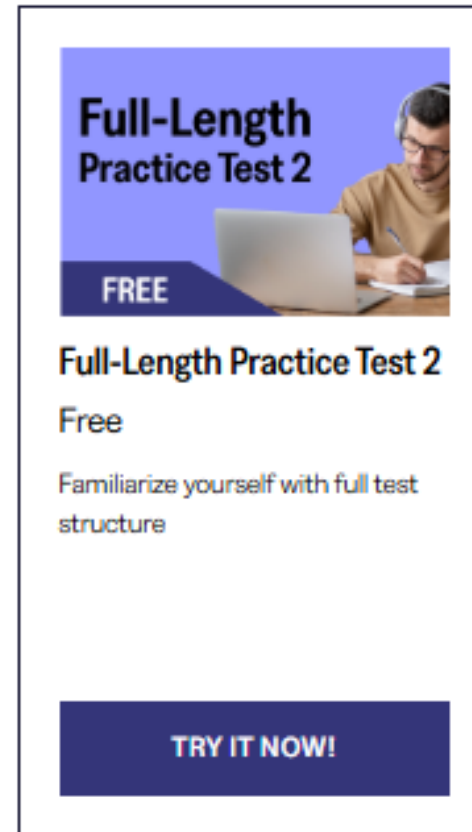
Full-Length Practice Test 1

FREE

Full-Length Practice Test 1
Free

Familiarize yourself with full test
structure

TRY IT NOW!



Full-Length Practice Test 2

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Full-Length Practice Test 2
Free

Familiarize yourself with full test
structure

TRY IT NOW!



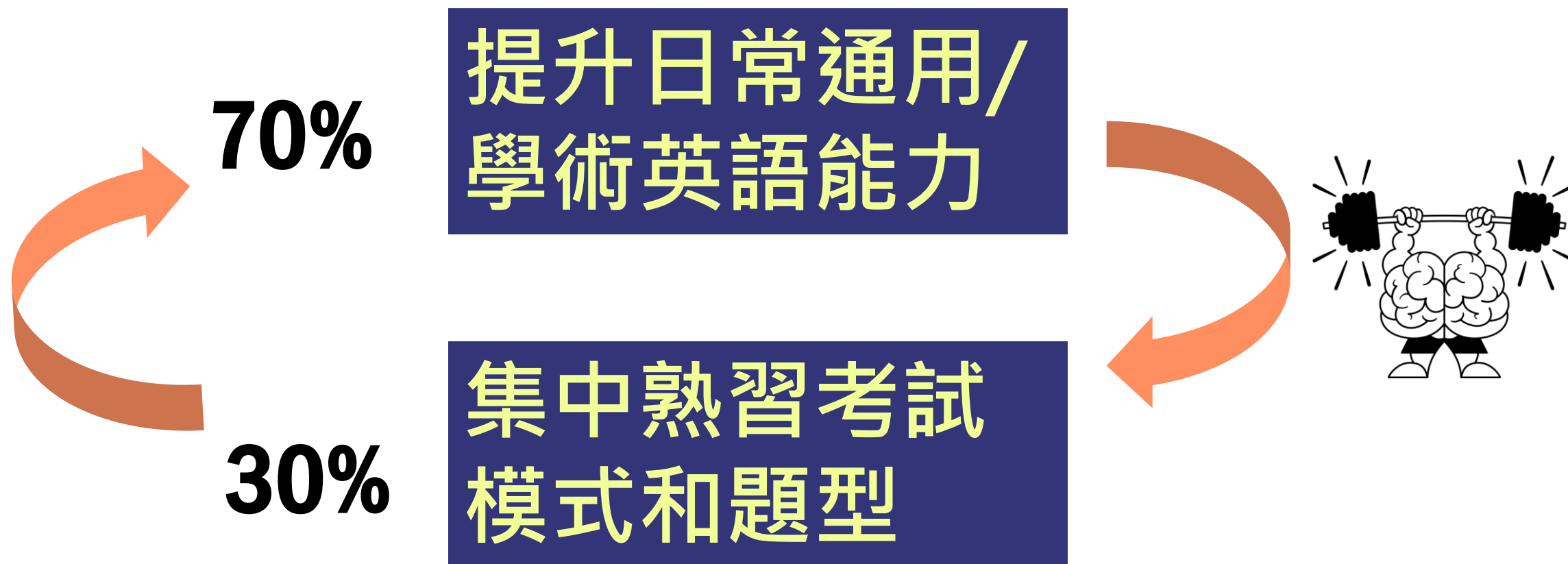


2. 建立一個備考計劃

取決於你有多少準備時間

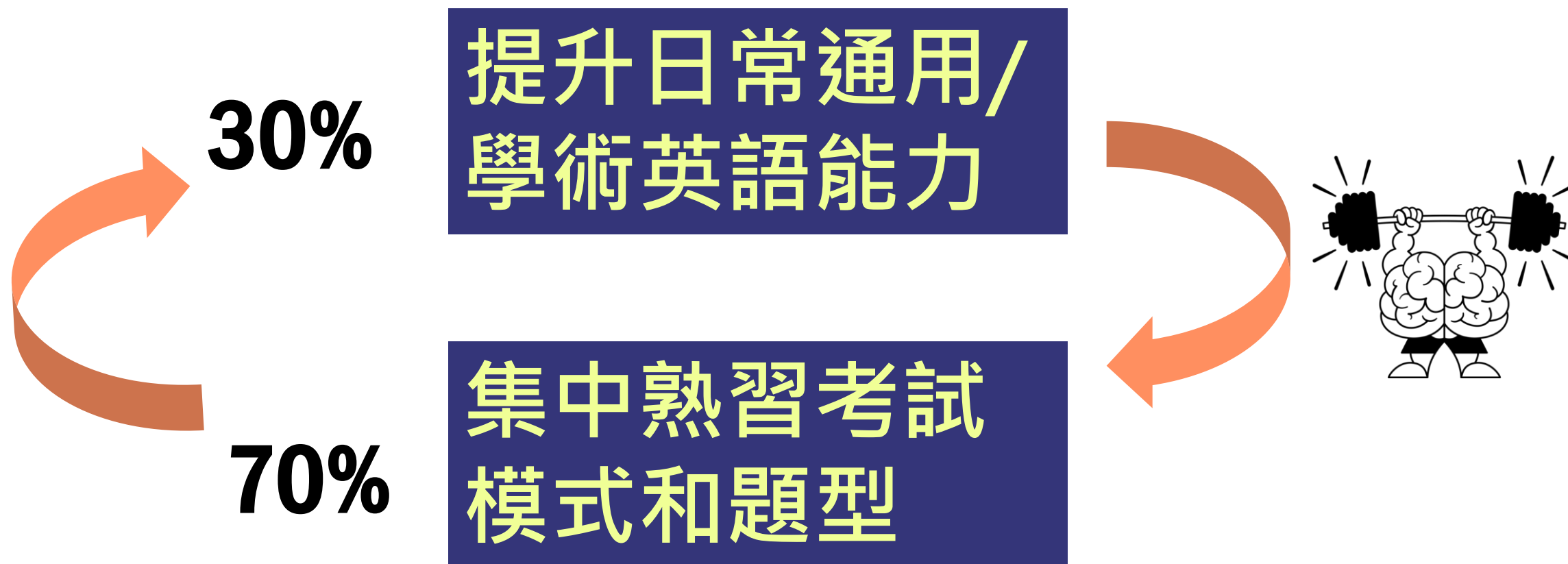


如果你還有1年時間準備托福考試..





如果只剩2個月時間準備托福考試..





3. 免費備考資源

聆聽Podcast節目來提升你的聽力理解能力和詞彙量



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2

選擇考試地點

選擇考場
或
在家考試

3

選擇考試
日期和時間

每星期都有考試
時段可以選擇

4

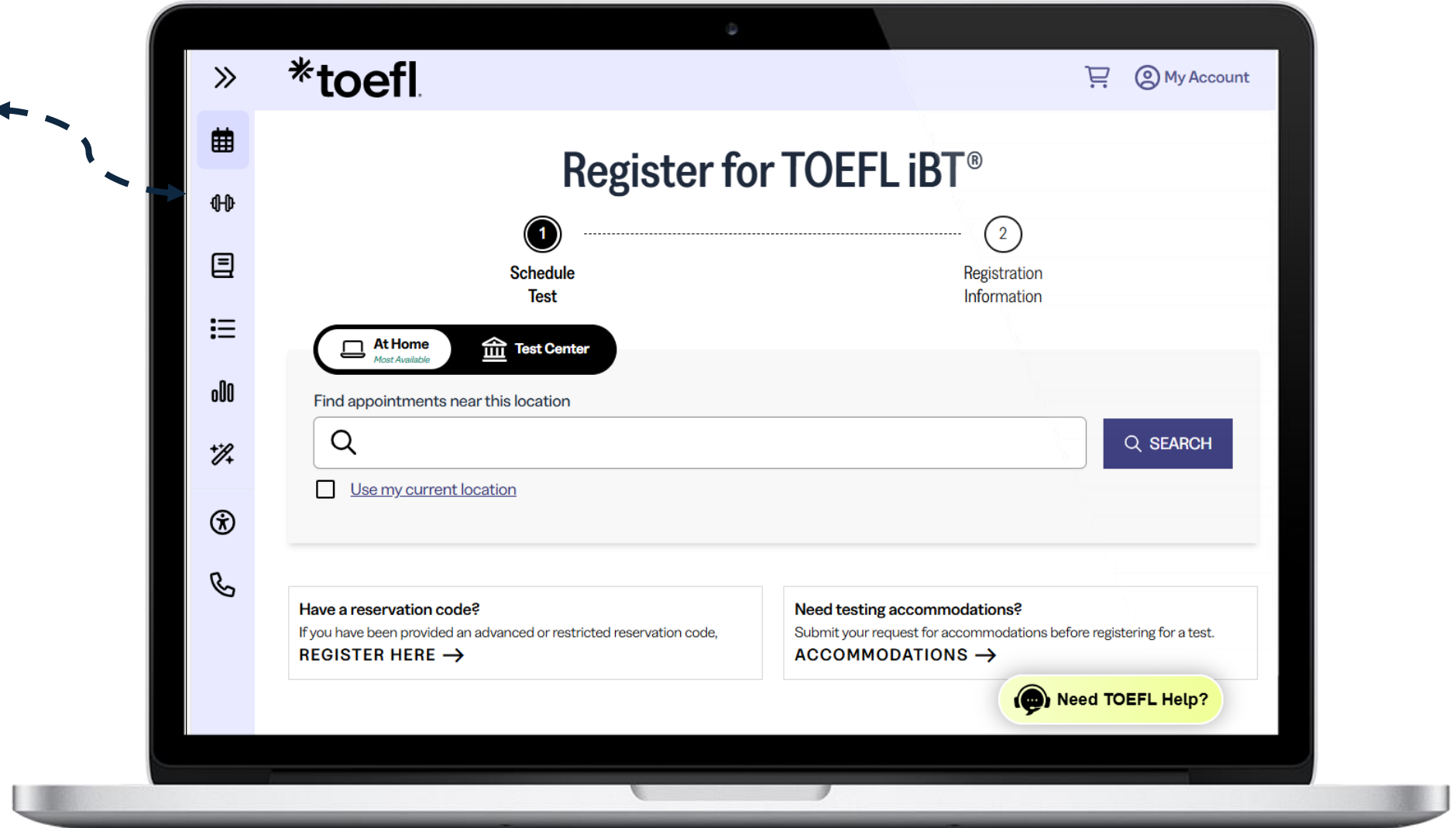
完成報名及付款

選擇接收分數學校
購買備考資源

- 建立帳戶時所輸入的姓名和出生日期
需要與你在測驗時出示的身份證明文件資料完全一致。

TOEFL Registration page

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Choose how you want to take the TOEFL iBT

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 Test Center

Find appointments near this location

[Use my current location](#)

Test Type

At Home
 Test Center

Test Center Selected Date

July 2026

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

July 25, 2026 - Saturday

Test Center Appointments

mi km

Merica Group 6F, No. 8 Nan-Yang St., Taipei, 100, Taiwan, China	4.13 mi
Dell Language Center - Taichung 76 Taichung Road, Southern District, Taichung, 402, Taiwan, China	84.95 mi

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- ✓ 4 TOEFL practice tests
- ✓ TOEFL Flex Practice

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\$559.00 USD

This package includes these test prep items in addition to the test:

- ✓ 8 TOEFL practice tests
- ✓ TOEFL Flex Practice
- ✓ Official TOEFL Prep Course (OTPC)

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Voucher/Promotional Code

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Item Subtotal \$260.00 USD

Tax \$0.00 USD

TOTAL \$260.00 USD[PROCEED TO PAYMENT →](#)

Smith, Joanna

Last (Family/Surname) Name, First (Given) Name Middle Name

Email: joanna.smith@gmail.com

 Smith, Joanna
 1000 Main N. Rd.,
 Apt 1234
 Main City, New Jersey 12345
 United States of America


Institution code	Department Code
1234	11
2345	22
3456	33
4567	44

Test Date: January 22, 2026

Gender: Female

Appointment #: 1234 8052 1411 0001

Date of Birth: February 16, 2003

Native Language: Talegu

Country of Birth: India

Test Center Country: India

Test Center: STN15148A - Hyderabad Prometric Test Center

Test Date: Jan 22, 2026

MyBest[®] Scores Your highest section scores from all valid test dates, as of Jan 22, 2026.

SECURITY IDENTIFICATION
ID Type: PASSPORT

ID No.: xxxxxxxxxxxxxxxxxxxxxx0372

Issuing Country: India

A total score is not reported when one or more sections have not been administered. Expired scores are not included in **MyBest[®]** calculations. Section scores from tests taken before January 21, 2026, will be reported using the concordant 1–6 scale. For more information, please visit [TOEFL English Language Test | Accepted Worldwide](#).

27-33

THIS IS A PDF SCORE REPORT, DOWNLOADED AND PRINTED BY THE TEST TAKER.

Comparison to CEFR (Common European Framework Reference for Languages)

CEFR	iBT Total and Section Scores
C2	6
C1	5.5
C1	5
B2	4.5
B2	4
B1	3.5
B1	3
A2	2.5
A2	2
A1	1.5
A1	1

Institution Codes

Department	Where the Report was Sent
00	Admissions office for undergraduate study
01, 04-41, 43-98	Admissions office graduate study in the field other than management (business) or law according to the codes selected when you registered
02	Admissions office of a graduate school of management (business)
03	Admissions office of a graduate school of law
42	Admissions office of a school of medicine or nursing or licensing agency
99	Institution or agency that is not a college or university

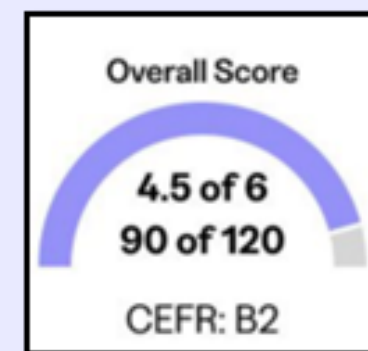
IMPORTANT NOTE TO SCORE USERS: This is a PDF score report, downloaded and printed by the test taker. Therefore, ETS cannot guarantee that it has not been altered. To verify the scores on this report, please contact the TOEFL[®] Score Verification Service at **+1-800-257-9547** or **+1-609-771-7100**. Scores more than two years old cannot be reported or validated.

2026年1月21日之後 更直覺的評分標準 (1-6 分制)



CEFR	Reading	Listening	Writing	Speaking	Overall
C2	6	6	6	6	6
C1	5 - 5.5	5 - 5.5	5 - 5.5	5 - 5.5	5 - 5.5
B2	4 - 4.5	4 - 4.5	4 - 4.5	4 - 4.5	4 - 4.5
B1	3 - 3.5	3 - 3.5	3 - 3.5	3 - 3.5	3 - 3.5
A2	2 - 2.5	2 - 2.5	2 - 2.5	2 - 2.5	2 - 2.5
A1	1 - 1.5	1 - 1.5	1 - 1.5	1 - 1.5	1 - 1.5

自 2026 年 1 月 21 日起的兩年內，
我們將在每份成績報告上同時提供
1-6 分制與對應的 0-120 總分



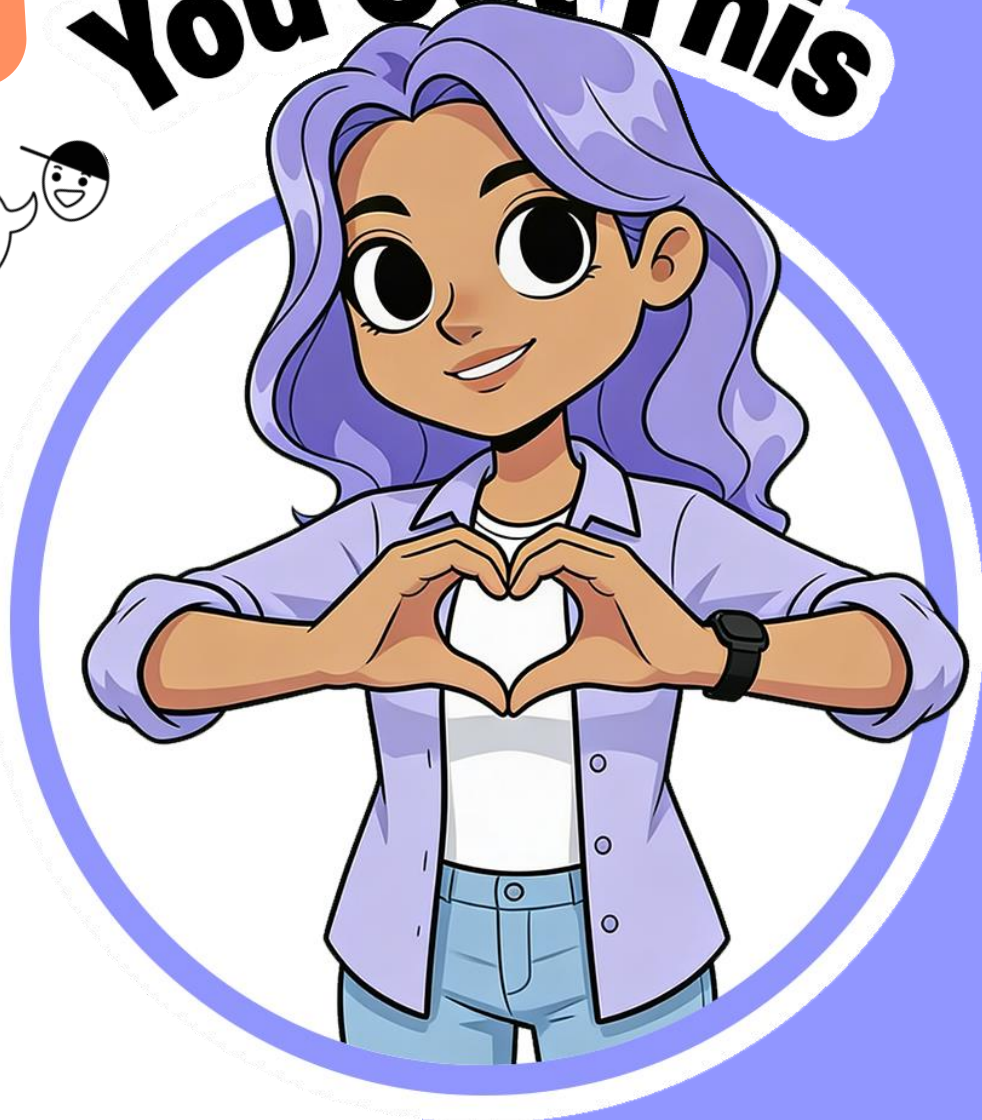
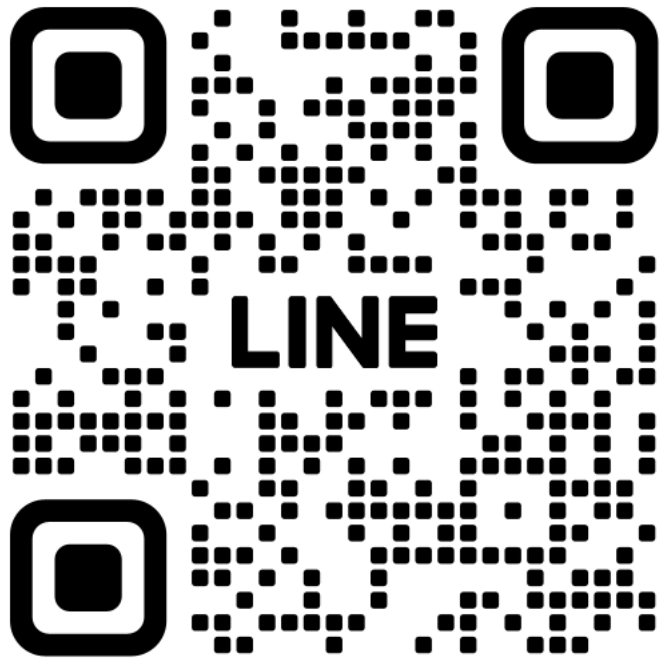
在 1-6 分制下，總分是四個單項分數的平均值，並四捨五入到最接近的 0.5 分
(例如，若四項平均分為 5.125，則最終總分將顯示為 5 分)。

Comparing the 1 – 6 and 0 – 120 Score Scales

Total (1 – 6)	Reading	Listening	Writing	Speaking	Est. Total (0 – 120)
6	29-30	28-30	29-30	28-30	114+
5.5	27-28	26-27	27-28	27	107+
5	24-26	22-25	24-26	25-26	95+
4.5	22-23	20-21	21-23	23-24	86+
4	18-21	17-19	17-20	20-22	72+
3.5	12-17	13-16	15-16	18-19	58+
3	6-11	9-12	13-14	16-17	44+
2.5	4-5	6-8	10-12	13-15	34+
2	3	4-5	5-9	11-12	24+
1.5	2	2-3	3-6	5-9	12+

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